

Starting Days for Beginners



Intensive

2023				2024											
Set	Oct	Nov	Dec	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Set	Oct	Nov	Dec
04	02	06	04	08	05	04	01	06	03	01	05	02	07	04	02
18	16	20		22	19	18	15	20	17	15	19	16	21	18	

Progressive

2023				2024											
Set	Oct	Nov	Dec	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Set	Oct	Nov	Dec
04	02	06	04	08	05	04	01	06	03	01	05	02	07	04	02

Lisbon Experience

2024

Jun	Jul	Aug
03	01	05
17	15	19